

# The Rejuvenating Playground "faan lou waan tung" - An Intergenerational Therapeutic Play Space

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Named after the Chinese idiom "faan lou waan tung", the Rejuvenating Playground is a project that aims at promoting intergenerational interaction through therapeutic play programmes. The programmes explore the commonality of motor and cognitive needs between the old and the young generations and seek to create a scenario where the two generations are engaged in dialogue.

Through multi-sensory stimulation, the application of the reality orientation and reminiscence theory alongside physical and motor skills training, the playground aims to achieve therapeutic effect through the satisfaction of social needs as well as the feeling of self assurance that comes with the control of one's body.

The SEN- and elderly-friendly playground is expected to be incorporated into a therapy-related programme venue of the nearby NGOs, specifically an extension of the Elderly Resource Centre of the Hong Kong Housing Society that promotes "Ageing in Place." The playground is also expected to serve as a cultural square that allows events to take place so as to respond to the iconic spot of the nearby Cinematique, at the same time satisfying the current residents' needs of jogging and booths.



**Zoning Diagram**  
Employing the form of pinwheel, an object that evokes childhood memory, the playground is zoned into several play areas (dot zones) and multi-purpose free space (calm or neutral area). This is to make it convenient for over-stimulated individuals to get in or out of the play areas and for caregivers to take care of people in need.



**Circulation Diagram**  
The playground retains mostly the old circulation pathways, with an addition of an internal path that links to a ramp to facilitate the use of wheelchairs for navigation within the playground.



Perspective  
Playzone 1: The Multisensory Zone



Perspective  
Playzone 2: The Reality Orientation Zone



Perspective  
Playzone 3: The Physical Training Zone



Perspective  
Free-play and Sitting-out Area

