

The background of the slide shows a person's hands writing on a piece of paper with a wooden pencil. The scene is overlaid with several colorful circles in shades of teal, orange, yellow, and red. Some circles contain icons: a puzzle piece, a lightbulb, and a thumbs-up gesture.

Nurturing Exposure for Youth in Small Group Home Sharing Practical Experience

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Small Group Home Service History 兒童之家簡介

- Small Group Home service since 1993
- Service target : Children aged 4 to 18 (normally attending school)
- 11 small group homes located at Chai Wan, Yau Tong and Tsz Wan Shan (One SGH designated for aged 10 to 18 boys)
- Capacity: 96 (including 9 mild-grade mentally handicapped children and 8 emergency/ short-term placement)

Service



- **Physical Care**
生活起居照顧
- **Caring and Growth Development**
關顧及成長發展
- **Counseling service**
情緒輔導





Physical Care :

- To provide accommodation in a home-like environment where the atmosphere is intended to be similar to that of an ordinary family unit
- To provide age-appropriate food, clothing, toys and books



Caring and development :

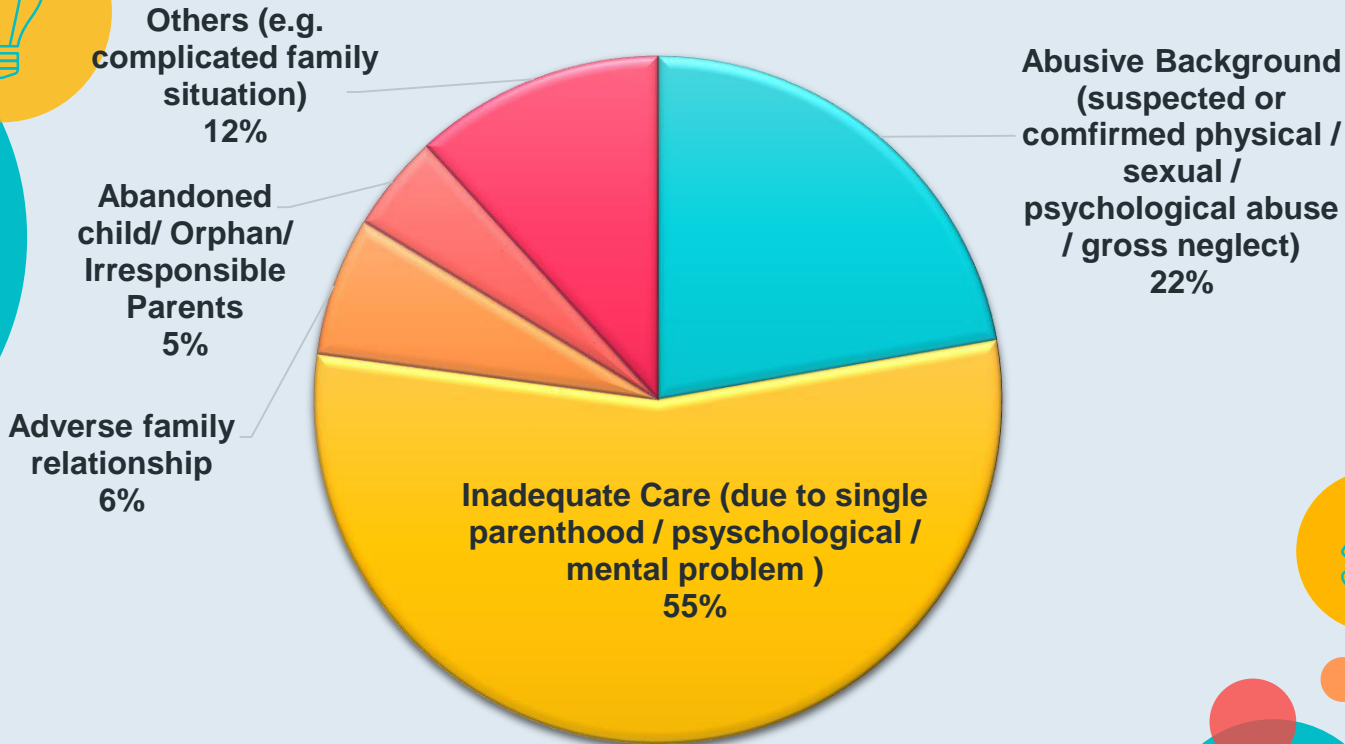
- To provide training to self-care
- To help children to learn social norms and build up good interpersonal relationship
- To arrange social recreational activities so as to cultivate individuals' own aptitudes and interests
- To provide guidance in learning



Counseling Services :

- To help children to cope with emotional problems due to unfavorable family conditions, adaptation into new home environment and difficulties in personal development
- To facilitate children keeping contact with their relatives and to promote parent-child relationship
- To provide short-term after-care service for children in need

Family Background



Child Profile during admission

Others
(e.g. limited intelligence /
Mental problems /
Developmental delay)
12%



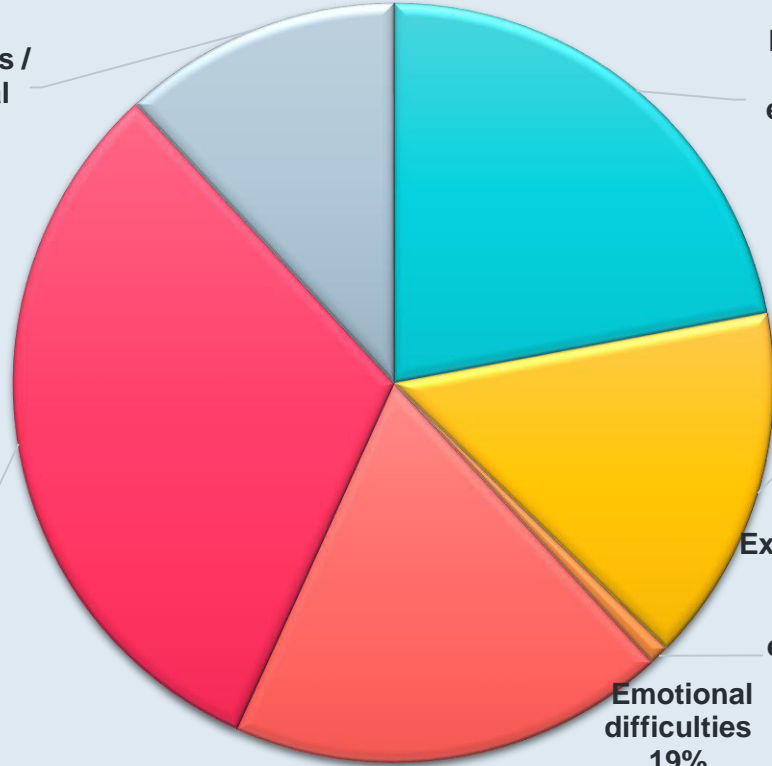
Children's behavioural problems
e.g stealing,
addictive behaviours
22%

Schooling problems
15%

Expose to moral danger /
indecent employment
1%

Emotional difficulties
19%

NO specific problem
31%

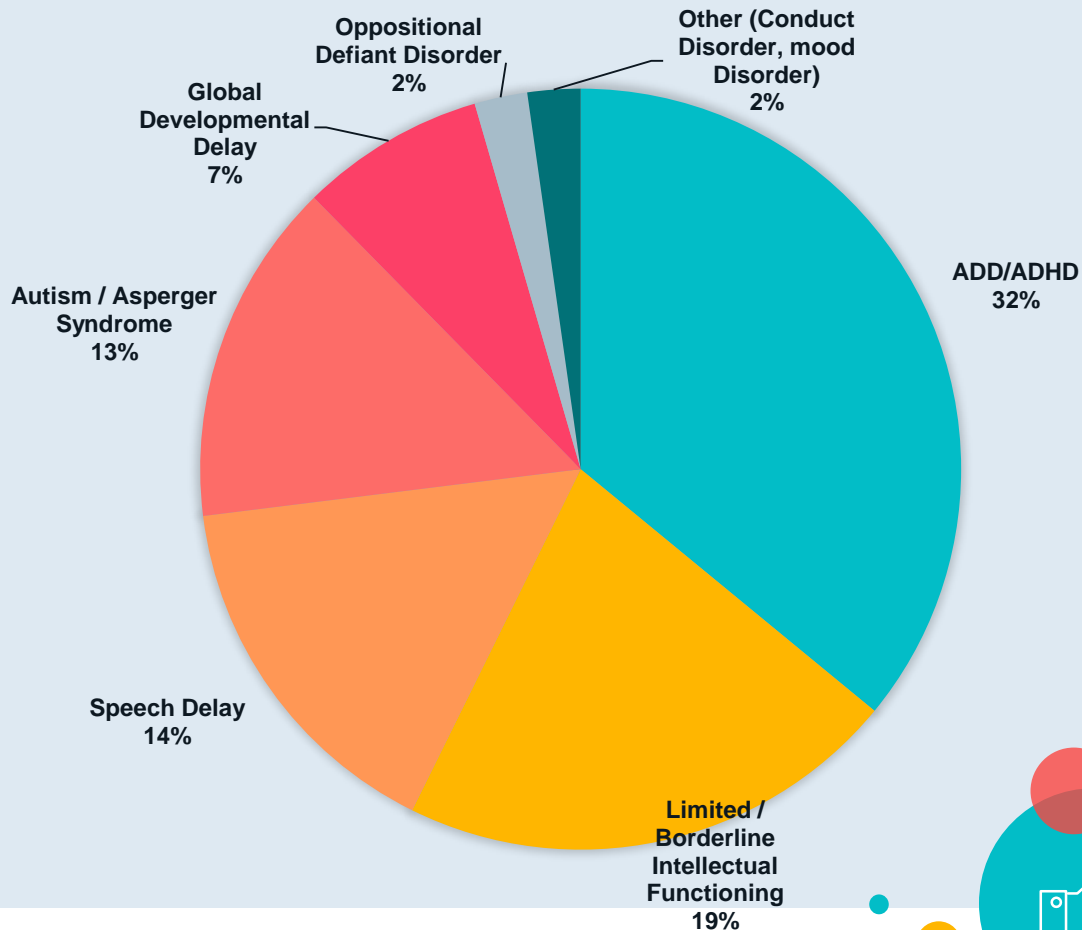


As on 31.3.2022

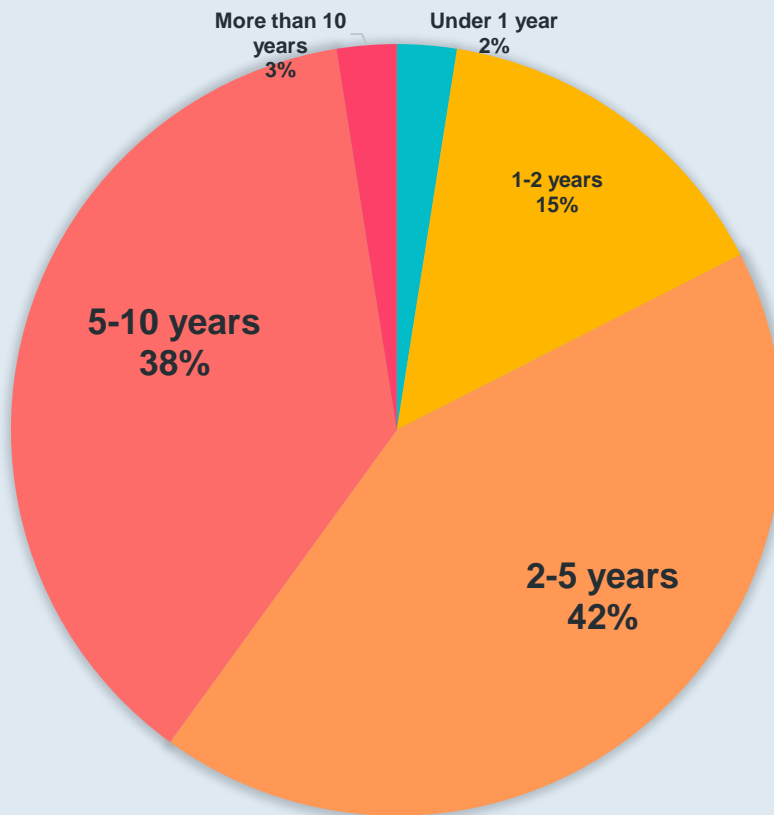



Children with Special Needs (SEN) (as on Jan 2022)

➤ 56% with SEN

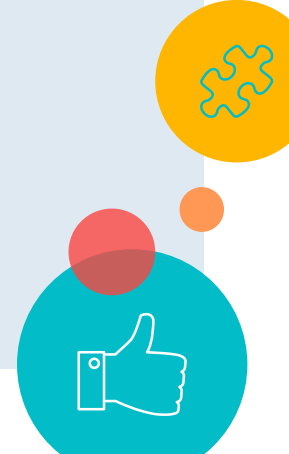


Duration of Stay





Some characteristics of SGH adolescent

- Low self esteem
 - Communication and social skills relatively weak
 - Academic performance : not satisfactory
 - Lack of opportunity for exposures
 - Weak supportive network
- 

From adolescent to adult, what they need ?

- **Financial ability ? Money management?**
- **Intelligence : The ability to prepare independent living? Job seeking ability? To face the future challenges ?**
- **Social ability ?**
- **Self satisfaction ?**
- **Sense of competence and achievement ?**
- **Physical and mental health ?**

Five Cs Model of Positive Youth Development¹¹

- Competence (能力)
- Confidence (自信心)
- Connection (連繫)
- Character (品德)
- Caring and Compassion (關懷及同理心)

(Lerner, Fisher, and Weinberg, 2000)

應用5C's model籌劃配合 青少年需要的活動





Competence (能力感)

舉辦不同活動、小組，增強青少年各方面的能力，並探索自己未來路向

學術	➤ 功課輔導、西班牙語、日文班、普通話
體能	➤ 足球、籃球、新興運動(旋風球、躲避盤、泡泡足球、攻防箭、抱石及攀石運動)
藝術	➤ 陶瓷班、和諧粉彩、禪繞班、漫畫繪圖班、水彩班、打鼓班、魔術班、鋼琴、跳舞
社會參與	➤ 寵物義工、義賣活動
生活技能	➤ 理財教育、木工訓練、維修技能、急救證書課程、烹飪班、餐桌禮儀
工作技能	➤ 生涯規劃及工作體驗(電腦程式語言編寫證書課程、儀容化裝班、到安老院、長者日間中心服務、到電腦公司實習等等)





Confidence (自信心)

提供展現能力的機會，增加青少年的自信心



於文化中心舉行為其兩天的公開藝術展覽，展現青少年的藝術創作，展現他們的能力，並邀請青少年的老師、校長、親人出席開展儀式，增加青少年的成就感。

歷年舉辦嘉許禮肯定
青少年的努力及成就





Connection (連繫)

鼓勵青少年多接觸不同的社群，建立積極正面的連繫。
敢與不同群體接觸，跳出舒適圈不退縮，擴闊視野，。如：
義工服務、境外交流計劃，社區服務等



台灣交流團：台灣龍華科技大學銘傳大學交流



武漢歷史文化交流團





Character (品德培育)

- 尊重社會或文化規範
- 良好個人行為
- 有是非觀念



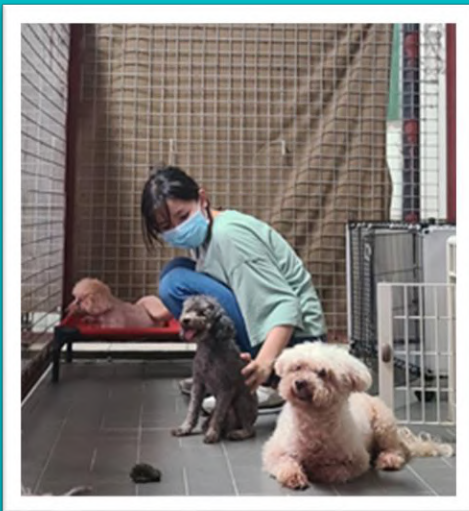
生命教育，建立正確的人生價值觀





Caring and Compassion (關懷及同理心)

對他人關懷及同理心



參予義工服務 · 關心社會



青少年生涯規劃



目的

- 認識自我，預備個人規劃
- 提升訂立合理目標、反思和修訂的能力
- 裝備家舍青少年對各行各業的興趣及技能

第一部份：生涯規劃技能訓練

與青少年探索個人興趣、專長，
分析工作或升學的規劃路徑，給予鼓勵及支援，及建立較適切的期望。
邀請舊生分享經歷及心得



第一部份:生涯規劃 (技能訓練)



裝修技巧

理財教育

急救證書課程班

美容化妝

和諧粉彩準指導師培訓班



電腦程式編寫證書課程





工作體驗計劃理念

- 職場實地體驗，加深對行業的認識
- 了解職場文化
- 促進人際溝通技巧
- 提升時間管理能力
- 加強理財能力
- 提升自信心



體驗資訊科技工作



工作體驗計劃 內容

工作時段	由2星期至2個月不等
工作時間	每星期約24至32小時
對象	年滿十五歲之青少年
資助金	<ul style="list-style-type: none">➤ 每階段獲發基本資助金，以資助往返工作地點的車費及午膳費用➤ 如於活動中表現理想，可獲得獎勵金及勤工獎
其他	<ul style="list-style-type: none">➤ 計劃開始前須完成職前培訓➤ 機構會定期了解參加者的工作需要及評估其工作表現➤ 參加者亦須於計劃完成後呈交工作體驗報告及匯報工作情況



體驗髮廊工作



體驗餐飲業工作



體驗文職工作



到長者安老院及日間中心實習



成功例子

1. 全公司最細，人人錫晒我
2. 比人睇得起！完計劃後，繼續在該公司實習，學寫程式

失敗例子

1. 被炒
2. filing 錯晒，重做
3. 遲到，冇獎金

'WE-NET' 宿友支援計劃



計劃內容

- 與離舍青少年保持連繫，情感支援
- 協助離舍青少年建立支援網絡
- 透過組織及參與義工活動，讓離舍青年學習回饋社會
- 提供一次性的獨立生活資助，助離舍青年展開新生活



陪伴成長

8歲

·入住家
舍



18歲及
之後

- DSE成績理想
- 升讀大學學位課程
- 成為和諧粉彩導師
- 以義工身份協助舉辦活動





謝謝

Reference

Lerner, R.M., C.B. Fisher, and R.A. Weinberg. (2000).
Toward a science for and of the people: Promoting civil society through the application
of developmental science.
Child Development, 71(1), 11–20.